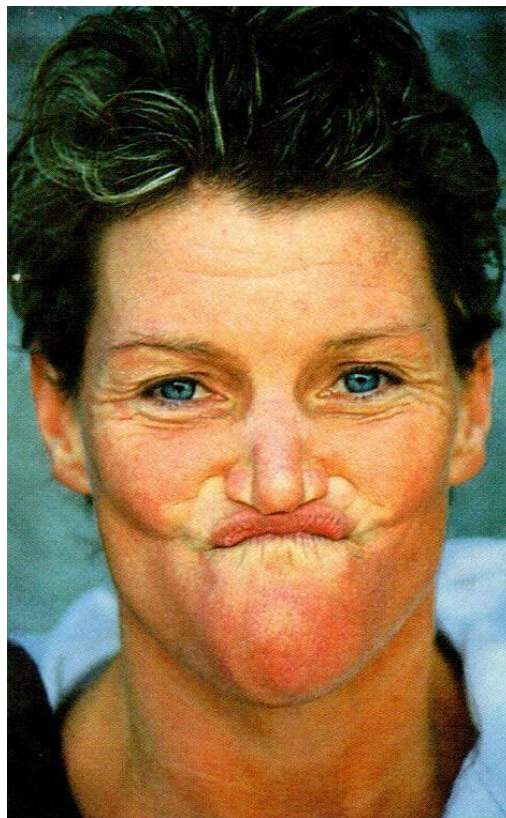


IS WATER UP THE NOSE ON TURNS A PROBLEM?



PRACTICE THIS